



Move Your Body Game

Upper Intermediate and above Weekly Warmer

Time: 15 minutes

This warmer reviews the meanings of different movement verbs and parts of the body.

Language Aims: To review the meanings of different verbs of movement and help students remember different parts of the body. To understand and be able to demonstrate different facial expressions when presented with a written description of them.

Preparation: Make copies of the handout below so there is one for each small group of students.

Procedure: 1. Ask students to sit in pairs or small groups. Give each group one of the handouts below. Ask them in their groups to match the different movements and body parts as quickly as they can. When a team finishes, check their answers. If they are not correct, tell them there are some mistakes but don't tell them where the mistakes are.
2. The first team to finish with the correct answers is the winner.
3. Ask the winning team (or a member from it) to demonstrate some of the actions. The other teams guess which action they are doing. Teams can take turns until all the actions have been reviewed.

Movement Verbs	Body Parts
<i>clap your...</i>	<i>mouth</i>
<i>crack your...</i>	<i>fingers</i>
<i>wink your...</i>	<i>eye</i> 
<i>shrug your...</i>	<i>eyebrows</i>
<i>open your...</i>	<i>shoulders</i> 
<i>blow your...</i>	<i>hips</i>
<i>stick out your...</i>	<i>nose</i>
<i>raise your ...</i>	<i>knuckles</i>
<i>pucker your...</i>	<i>hands</i>
<i>snap your...</i>	<i>tongue</i>
<i>bend your...</i>	<i>knees</i>
<i>swing your...</i>	<i>head</i> 
<i>nod your...</i>	<i>lips</i>

Answers: Clap your hands; crack your knuckles; wink your eye; shrug your shoulders; open your mouth; blow your nose; stick out your tongue; raise your eyebrows; pucker your lips; snap your fingers; bend your knees; swing your hips; nod your head.